SUPPORT FULL PRACTICE AUTHORITY

Help Louisianans by Improving Access to Care. Remove restrictive regulatory barriers to allow APRNs to practice to the full extent of their education and training.

WHO WE ARE & WHAT WE DO

An APRN is an **advanced practice registered nurse** who evaluates patients, diagnoses, orders and interprets diagnostic tests, initiates and manages treatment – including prescribing medications.

APRNs:

- practice in a variety of settings including clinics, hospitals and private NP practices
- are licensed, independent practitioners, who practice autonomously
- diagnose and manage acute, chronic, and complex health problems, health promotion, disease management



- Nurse Practitioners (NPs)
- Certified Nurse Midwives (CNMs)
- Clinical Nurse Specialists (CNSs)
- Certified Registered Nurse Anesthetists (CRNAs)



EDUCATION

- APRNs must obtain graduate education at the masters, post-master's or doctoral level and obtain/maintain national board certification.
- NP education is different from MD education
 - NP Education builds on RN education and experience
 - Competency-based, not time-based.
 - NPs are educated in a specific role, MD's are educated across all roles.

PATIENT OUTCOMES & SAFETY

- Over 50 years of research concludes that APRNs provide safe, effective, patient-centered, evidenced based care (Research available upon request)
- Research shows improved patient outcomes, proper diagnosis, and appropriate management of specified medical conditions
- The Louisiana State Board of Nursing is directed by the Governor and the Louisiana State Legislature to assure the safety of patients in Louisiana.



GREATER ACCESS TO CARE

- There are over 5,700 APRNs, with more than 4,000 NPs licensed in LA.
- Almost 2 million LA residents live in a HPSA
- APRNs are twice as likely to provide essential care in rural & underserved communities
- Removal of unnecessary regulatory barriers:
 - Improves health outcomes directly related to access to care
 - Streamlines care delivery & removes delays in care



*Louisiana Department of Health & Hospitals

HEALTHCARE COST-RELATED OUTCOMES OF NP CARE

Studies consistently report NP care cost-related outcomes are equivalent to those of physicians.

- Reduced length of stay
- Decreased emergency visits
- Minimized hospitalizations/re-hospitalizations

\$720-730M SAVINGS

Removing barriers to NP practice increases access to care with projected savings of \$720-730 million over 10 years.

SUPPORT FOR FULL PRACTICE AUTHORITY

23 states, the District of Columbia and the Veterans Affairs system have Full Practice Authority.

These entities support allowing NPs to practice to the top of their education and licensure with removal of regulatory barriers:

- Presidential Executive Order 13890, Section 5 (October 2019)
- Federal Trade Commission
- The Institute of Medicine report The Future of Nursing: Leading Change, Advancing Health (2011),
- The National Governors Association (2012)



- American Enterprise Institute (2018)
- AARP (2011-2012)
- Bipartisan Policy Center (2012)
- National Conference of State Legislators (2013)
- Robert Wood Johnson Foundation (2012)

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MODERNIZING HEALTHCARE IN LOUISIANA

With continued disruption in the healthcare system, a limited physician pool, and the need to improve the cost for consumers and the state, Louisiana should modernize the healthcare system by removing restrictive regulations that prevent APRNs from practicing to the full extent of their education and training.



\$720-730M SAVINGS

Removing barriers to NP practice increases access to care with projected savings of \$720-730 million over 10 years.



HEALTHCARE COST-RELATED

Minimized hospitalizations/re-hospitalizations

Studies consistently report NP care cost-related outcomes are equivalent to those of physicians.

OUTCOMES OF NP CARE

Decreased emergency visits

• Reduced length of stay

PATIENT OUTCOMES & SAFETY

- Mortality, disease outcomes and patient satisfaction equal to that of MDs
- Hundreds of studies on care provided by both NPs and Physicians, not one proved inferior care by NPs
- It will take all providers functioning at their highest level of education to advance and improve access to healthcare in Louisiana

GREATER ACCESS TO CARE

- Removal of unnecessary regulatory barriers provides greater access to care, especially in underserved urban and rural areas
- Streamlines care and makes care delivery more efficient
- Removes delays in care





Not Just Healthcare, *Exceptional* Care! **www.accesstocarela.org**

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Source: "Impact of the Affordable Care Act on Health Care Workforce" Amy Anderson, DNP, RN, CNE